

## ANNUAL REPORT 2019-20

We have a sparkling NSS unit which has a fundamental objective to shape the personality by providing a platform for volunteers to showcase their hidden talents through social work. In the academic year 2019-20, with 200 volunteers our NSS Unit succeeded in accomplishing the following activities.

1. On the occasion of "World Anti-Tobacco Day" on 11th July 2019, Our NSS Unit organized an Oath taking program in our college. 21 Volunteers along with Zoology students and teaching and non-teaching staff took the oath. Oath was followed by a lecture session on "Harmful effects of tobacco consumption & prevention of addiction" delivered by Dr. Mangal Chavan.
2. On 8<sup>th</sup> August 2019, NSS Unit organized an NSS Orientation program for newly joined volunteers. Our Principal, Dr. Kiran Mangaonkar sir along with our Vice-Principal, Dr. Davinder Kaur madam and Allan D'Souza addressed our gathering. Our Guest of honor, advisory committee member and District coordinator, NSS Cell, Mumbai University, Dr. Kolte sir guided our volunteers in detail. NSS Advisory Committee members and Ex-POs Dr. Dinesh Kala sir and Dr. Ajitha Rani madam boosted volunteers towards community service. The Orientation program was followed by a lecture session conducted by TARASHA team members. 135 volunteers attended this event.
3. Two of our NSS volunteers volunteered for Gandhi @150 Book release function organized by University of Mumbai on 23<sup>rd</sup> August 2019.
4. Volunteers arranged technical setup for 100% Shaai Campaign Registration Desk from 26<sup>th</sup> to 29<sup>th</sup> August 2019. On 26<sup>th</sup> August 2019 volunteers made an announcement in each class. Total 30 Voter registrations was done. 31 volunteers participated in this activity.
5. On the occasion of 550<sup>th</sup> Year of Shri Guru Nanak Devji, 'Sajada', an Intercollegiate Event was organized by our college on 10<sup>th</sup> August 2019. Our 24 volunteers helped in various activities.
6. Our 87 NSS volunteers accompanied by Mr. Dattatray sir, Ms. Richa madam, Ms. Babita madam, Mr. Sharad Sir visited our adopted village Akloli on 11<sup>th</sup> August 2019 participated in Tree plantation, Cleanliness drive, Door to Door Campaign and Skit performance in Gothan pada and Navin Gothan pada areas.
7. "Hands of Help – Campaign" was organized by our NSS Unit for the people in Kolhapur, Sangli and other flood affected areas with the support of college, 92 Volunteers and our generous donors. Campaign was started with its collection phase from 13<sup>th</sup> to 16<sup>th</sup> August 2019. On 17<sup>th</sup> and 18<sup>th</sup> August 2019 P.O. and Volunteers did equal distribution of collectives and packing them. 50 parcels were prepared for serving 50 families containing food articles and other Essentials of livelihood. On 23<sup>rd</sup> and 24<sup>th</sup> August 2019 all parcels were distributed in the flood affected areas, i.e. Sanik Takli and Dattawad near to the Maharashtra-Karnataka border near to the Krishna river. Dr. Mangal Chavan and Dr. Sharad Tripathi along with two NSS Volunteers Mr. Pulkeshi Gaikwad & Mr. Atharva Ingle visited affected areas, families with Sarpanch and Gram Panchayat members. With the help of Mr. Shivraj Sinh Gaikwad, Mr. Vishwajit Nimbalkar and Mr. Bhavani Sinh Ghorpade, local authorities and Gram panchayat, distribution counters were set up and distribution of 50 packages were done for the most affected families. Some flood Relief stuff was provided for University level flood relief Campaigning.
8. Our 26 volunteers participated in "Independence Day Celebration" organized by NCC Unit, out of which 12 had performed dances on Patriotic songs.

9. During the Ganapati festival, on 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 10<sup>th</sup> & 11<sup>th</sup> September 2019, our 30 NSS volunteers participated in Crowd management at Lalbaghacha Raja and Traffic control at Maheshwari Udyan events.
10. On the eve of teacher's day 5<sup>th</sup> September 2019, 60 NSS volunteers prepared the greeting cards and distributed it to the teachers and they expressed their respect towards the Guru.
11. NSS Unit organized a workshop on "Yuva Mahiti Doot" for all College students on 16<sup>th</sup> & 23<sup>rd</sup> August 2019. During the workshop Mr. Vishal Khade, Division Head Wadala, Anulom Trust, Nodal agency of DGIPR Mantralaya, with his four colleagues trained participants to operate different software and to register the others.
12. On the occasion of 550<sup>th</sup> birth anniversary year of Guru Nanak Devji along with Botany Dept., 25 NSS volunteers did tree plantation. More than 30 saplings were planted among them 17 Holly plant species mentioned in Guru Granth Sahib were planted in the college premises.
13. NSS Volunteers prepared paper and cloth bags and also distributed some stuff to locals and shopkeepers on 15<sup>th</sup> November 2019.
14. 16<sup>th</sup> to 18<sup>th</sup> November 2019, NSS Unit organized a Book Donation drive.
15. Our 3 NSS Volunteers actively participated in the workshop organized by the Mumbai University on "Youth Movement and Laws" on 30<sup>th</sup> November 2019.
16. Under MDACS activities, volunteers created HIV-AIDS awareness in students and locals. On the occasion of International Yuva Day i.e. on 20<sup>th</sup> September 2019 NSS, Unit conducted various intra-collegiate competitions like Essay writing, Street Play, Poster Making and Debate and 85 students participated in those competitions. After competitions, a seminar was organized. Ms. Kavita Bhatia, Director and co-founder of Chetna foundation and C.E.O. Chetna was a guest lecturer. She explained all the details of AIDS & HIV in a very interactive manner. On the eve of World AIDS day i.e. 1<sup>st</sup> February 2020, NSS Unit had organized a seminar on HIV-AIDS awareness. Shri. Umesh Ghuge sir, Assistant Director, MDACS, Wadala was the resource person. Seminar was followed by a prize distribution ceremony for the various competitions conducted under National Youth Day.
17. From 23<sup>rd</sup> to 25<sup>th</sup> January 2020, NSS volunteers and POs. took Swachhata Sarvekshan of BMC. They communicated with college students & guided 500 students to fill the Swachhata Sarvekshan form.
18. NSS Unit organized two Blood Donation Camps with J.J. Mahanagar Blood Bank. During the first blood donation drive, 17<sup>th</sup> Sept. 2019, 49 units were collected, the major reason for rejection was not minor and anemia. In the second blood donation drive on 15<sup>th</sup> February 2020 the collection was low at only 29 Units and the major reason for rejection was Hepatitis B vaccination, as more than 67 volunteers were rejected. A 14 days minimum interval is required to donate blood after taking Hepatitis B Vaccination.
19. In collaboration with United way Mumbai our NSS Unit arranged a free Hepatitis B check-up camp for all students, teaching and non-teaching staff on 21<sup>st</sup> September 2019. During the camp 95 blood samples were collected for screening of Hepatitis B and after a month, the reports were distributed. On the same day in collaboration with PATUT free Thalassemia checkup was also organized and they collected 88 blood samples for screening Thalassemia and after a month they also dispatched reports of screened samples. Mrs. Manisha Sarkar from PATUT also shared her expertise with students and created awareness among students.
20. In collaboration with United way Mumbai our NSS Unit arranged all three Hepatitis B vaccination drives for our college students, teaching and non-teaching staff members free

of cost. First drive was arranged on 21<sup>st</sup> Sept. 2019 and 113 people were vaccinated with the first dose. Second drive was arranged on 21<sup>st</sup> Nov. 2019 and 98 were vaccinated with second dose and lastly third drive was conducted on 8<sup>th</sup> Feb. 2020 and 67 were vaccinated with third dose.

21. As a part of the Hepatitis project proposed by United Way Mumbai, our NSS volunteers after getting trained by Ms. Janet madam in the second half of this project they must circulate their gained Knowledge among locals. So United way arranged Door to door campaigns in three nearby slum areas - Bhimwadi, Sangam Nagar and GTB Nagar. From 6<sup>th</sup> to 8<sup>th</sup> February 2019 our 50 volunteers created awareness among the locals and also distributed informative handouts provided by United ways.
22. On 2<sup>nd</sup> October 2019 our 15 NSS Volunteers along with Dr. Mangal Chavan attended "**Bhajan Sandhya**" event organized by Mumbai University at Gateway of India.
23. On the occasion of Rashtriya Ekta Diwas on 31<sup>st</sup> October 2019, our 18 NSS volunteers participated in "**Run for Unity**".
24. On the occasion of Bachpan Bachao Andolan, on 7<sup>th</sup> November 2019, University of Mumbai organized an event Mukti Carvan at Gateway of India. 50 volunteers attended this program.
25. On 8<sup>th</sup> November 2019, NSS Unit arranged a one day visit to "Mani Bhavan - Gandhiji Sangrahalaya". 65 volunteers were accompanied by Dr. Mangal Chavan.
26. Global clean up along with the Ministry of Environment, Forest and Climate change, Mumbai Girgaon Chowpatty Police, organised a 7 days clean up drive, "Swachhata Ke Saath" at Girgaon Chowpatty from 11<sup>th</sup> to 17<sup>th</sup> November 2019. Our three volunteers Ms. Preeti, Ms. Sanjana and Ms. Vandana were selected as co-coordinators for all 7 days, and all felicitated as Best coordinators. 50 volunteers took part in Beach cleaning accompanied with Dr. Mangal Chavan.
27. On the request of Lions club Kharghar on 21<sup>st</sup> November 2019, 6 male NSS volunteers visited village Khaire near Virar and conducted Village cleaning activity, spread awareness among villagers and also worked for vegetable gardening.
28. On 19<sup>th</sup> November 2019 our NSS volunteers with the help of Matunga Police Station organized a seminar on Cyber Crime and Security. Police Inspector Mr. Gaud sir and Asst. Women Police Inspector Mrs. Gavli Madam addressed students. Police Sub-inspector - Mr. Garad sir and Police Sub-inspector - Mr. Sawant sir were also present. Some mobile based hacking they showed and also taught the audience how to keep their mobile safe from hackers by giving hands on training on their mobiles.
29. Mr. Vinod Mohite and Mr. Harishchandra Malke of United Martial Arts Academy successfully trained 35 NSS and Non-NSS Girls on 7<sup>th</sup> December 2019.
30. NSS Special 7 Days Residential camp was organized from 17<sup>th</sup> to 23<sup>rd</sup> December 2019. 70 Volunteers actively participated in various activities conducted during the camp. First day was quite short and in the evening two sessions were conducted by Senior NSS Volunteers followed by Dr. Sharad sir's talk. Morning Yoga session followed by Cleaning of camp site was regular activities from second day to 7<sup>th</sup> Day of Camp. Every day groupwise volunteers have to cook the food for all. On Second Day volunteers constructed Compost pit and did gardening in Kanya Shala. In the evening volunteers practiced for skits. On Third Day volunteers volunteered for Blood Donation Camp and free Medical Check up at Rajmata Jijau Hospital. Some of them performed skits for Blood Donation awareness. In the evening NSS Unit organized a Star Gazing session for locals. Session was conducted by Ms. Aishawrya Pawar, Marathi and Hindi serial Actress. On the Fourth Day, skit performance for Public awareness was done. Some of them constructed a compost pit at Buddh Dev Anna Chatra and also helped in serving food. Our NSS P.O. Dr. Mangal Chavan with few volunteers conducted workshops for 5<sup>th</sup> to 7<sup>th</sup> Std. students on Chromatographic techniques. Every student has performed an

experiment based on the same and enjoyed the session. In the evening Debate competition was organized for volunteers and with great energy all groups participated. On Fifth Day NSS Unit organized Sports Day for Zilla Parishad School children and conducted various local sports which was followed by Prize distribution ceremony. The Artist Volunteers painted games in ZP School and in community hall. In the evening Ajitha madam took a session followed by Hon. Vivek Pandit (Minister of State) delivered a lecture on our India's Constitution. Dr. Tamanna Khan also conducted sessions on future scopes in the science field. On Sixth Day, all groups presented their skits followed by a disaster management session conducted by Shivam & Yadnesh sir. Simultaneously Dr. Mangal Chavan, took Andha Shradhha skit performing team to Adivasi pada with two NFB Staff Members Mr. Vikas Jha and Mr. Dattatray Sawant. They showed some tricks done by some Bhondu babas and explained the scientific reason behind their activity by actual experimentation. In the evening Dr. Mangal Chavan conducted various personality tests for volunteers. The last session was conducted by the Sarpanch of Akloli village. Mr. Bhupendraji gave a meticulous speech & inspired our volunteers. At the end of the day Volunteers feedback and Prize distribution ceremony was arranged. On Seventh Day Volunteers performed skits at Adivasi pada and at Ambikabai Jadhav College and in the evening we returned back to Mumbai.

31. On 3<sup>rd</sup> Jan. 2019, 60 NSS volunteers attended a meeting regarding Nazarana, college Annual Fest. On 4<sup>th</sup> Jan. 2019 they worked for crowd and discipline maintenance.
32. On 13<sup>th</sup> Jan. 2020, "Human Chain" Program was organized by Govt in association with United Ways in which 3 volunteers participated.
33. To showcase the healthy lifestyle, TATA organized the Mumbai Marathon on 19<sup>th</sup> January 2020. Our 9 NSS volunteers on 18<sup>th</sup> January took training & on the next day they volunteered.
34. On 25<sup>th</sup> January 2020, NSS Unit in collaboration with Robin Hood Army, a nonprofit NGO arranged School children's college visit.
35. On 13<sup>th</sup> February 2020 Annual Mega intercollegiate event "**AAGAAZ 2019-20**" with the pure intention of exchanging ideas of social work at the intercollegiate level along with the community participation from the adopted village. The theme of present year AAGAAZ was "150 years of celebrating Mahatma Gandhi". So, this year Aagaaz provided a platform to showcase the participants' talents and recall all Gandhiji's principles such as Satya, Ahinsa, Swadeshi, Swachhata, etc. as, on the same we organized competitions like Street play, Debate, Quiz, Poster Making, Essay, Short Film, Elocution and Treasure Hunt. We were blessed to have the presence of The Educational Project Officer of Shri Nityanand Education Trust, Palghar Mrs. Mohini Rao (Kalawai), our Yoga trainer and the Guest of Honour of the day Dr. K. S. Cheema sir and Sheshadri sir, our Ex-Programme Officers of NSS Unit. Both of them shared their experiences and delivered motivational speeches. At the end of the day Prizes were distributed to all winners.
36. Throughout the year NSS volunteers participated in various Rallies organized at College or University levels with a great number. They are Peace Rally, CSMT (06-08-2019), Swachhata Rally (09-08-2019) followed by Swachhata Oath, Fit India Movement (29-08-2019), Organ Donation Rally (05-09-2019), Promotion of Organic Food (14-09-2019), 550<sup>th</sup> Year Guru Nanak Devji - Rally (23-09-2019), Poshan Rally (30-09-2019), Nasha Bandhi Mandal Vyasana Mukti Rally (01-10-2019), Election Awareness Rally (14-10-2019), "AIDS Awareness Rally" followed by Street play at Adopted Area Bhimwadi (02-12-2019) and "Girl Child Rally" (24-01-2020).
37. NSS Unit organized many seminars on the diverse topics like
  - "Platelet Donation" organized on 16-08-2019. Resource persons - Mr. Bapat, Mr. Doshi, Mr. Mehta, Mr. Mhatre & Mrs. Ajitha Rani, regular platelet donors of Tata Memorial Hospital shared their experiences. 53 participants attended this event.

- "Blood, Platelets & Organ Donation" was organized on 14<sup>th</sup> Sept. 2019. Dr. Mangal Chavan delivered on the said topic and 75 students participated in that session.
  - On 28<sup>th</sup> September 2019, Dr. Mangal Chavan conducted a session on "Anaemia Awareness". 88 participated in that event.
  - Our NSS volunteers with the help of Matunga Police Station and WDC committee of our college organized a seminar on "Crime Against Women" for creating awareness about various Crimes against Women and provisions of various laws to give justice and protect her. Justice Mr. Vikram Singh Bhadari of Mumbai High Court addressed our students about the rights of women given by our constitution. P. Parab, PI officer also shared some examples. Mrs. Vandana Singh introduced Sneha Foundation works for rehabilitation of affected women. Awareness was created among 137 participants.
  - On the occasion of Constitution day i.e. on 26-11-2019 our NSS unit had organized a seminar on "Constitution-an overview". Adv. Mr. Sameer Velankar, Asst. Professor addressed the gathering. 47 volunteers along with some teachers got educated more about our constitution. The seminar was followed by Preamble Reading.
  - On 7<sup>th</sup> January 2020, the NSS unit in collaboration with WDC organized a seminar on PCOS awareness. Dr. Sudha Tandon, from PCOS society, India was invited as guest speaker who answered the questions raised by some volunteers and senior female faculties in a very scientific manner.
  - On 8<sup>th</sup> January 2020, NSS Unit conducted a seminar on "Multi-Layer Plastic". Dr. Mangal Chavan, P.O. NSS Unit created awareness among 56 volunteers.
  - On 19<sup>th</sup> February 2020 Dr. Mangal Chavan delivered a lecture on "Mental Health" for our NSS Volunteers. 40 volunteers attended this session.
  - On 18<sup>th</sup> February 2020, Mr. Robin Mathew, NSS committee member conducted a session on "Organic Food" for NSS volunteers. 60 Volunteers participated in the same.
38. NSS Unit also organized Documentary Shows on various topics like "Mahatma - Life of Gandhi 1869-1948 on 8<sup>th</sup> November 2019; "Plastic Ban" (15-02-2020) and "Corona Virus Outbreak & Awareness" (17-02-2020).
39. Volunteers also participated in various cleaning drives held at Akloli Village, Vajreshwari (11-08-2019), Maheshwari Udyan and surrounding area till Arora, Matunga (09-08-2019), Kalina Campus (02-10-2019), Mahim Beach (19-10-2019), Bhimwadi, Wadala (02-12-2019), Dadar Chowpatty (11-01-2020) throughout the year.
40. Every Saturday on a regular basis our NSS Volunteers worked for our college Garden cleaning and compost maintenance work.
41. During the CoronaVirus Pandemic period NSS Unit was active in performing various awareness activities and serving society. Various events were conducted
- NSS Unit forwarded Aarogya Setu App link on various WhatsApp groups (to approx. 700 students & teachers).
  - On 21<sup>st</sup> March 2020 forwarded link for Janta Curfew Pledge, approx. 320 students took the pledge to follow all directions given by Govt. of India to control the spread of Coronavirus and received certificates for the same.
  - On 30<sup>th</sup> March 2020 forwarded link for "Stay at Home, save lives" pledge. Approx. 345 students registered & committed themselves to abide 21 days lockdown rules placed by Govt. of India and for the same they got certificates.
  - Volunteers prepared a total of 249 masks & distributed the same in their local areas.
  - NSS Volunteer composed inspirational videos against COVID-19. Two volunteers composed songs and made the videos, one is in Hindi, One Powada (Marathi folk song), to create awareness and to build courage among society against COVID-19. To improve immunity and strengthen lung capacity one of our Yoga trained volunteers prepared Two Yogasan videos explaining the Aasans and information regarding the same. One

volunteer made a video on “How to make a mask without a sewing machine”. Some of our volunteers composed one video on Myths of COVID-19 and one inspirational video.

- Our NSS Volunteers prepared 12 awareness posters, 15 awareness E-posters on COVID 19 & one volunteer wrote a poem shared on social platforms. Our 7 NSS Volunteers are regularly cleaning their buildings and surrounded areas.
- Our NSS Unit organized “Join the fight against COVID-19 campaign” for Geographical and Economically Challenged communities. An appeal was made to contribute some money to the Non-profitable NGO “Shramjeevi Sangathana” (feeding to the tribal people from regions of Jawhar, Mokhada, Palghar, Bhiwandi areas of Maharashtra).
- NSS Unit has organized Essay and Drawing competitions for School children of our adopted village area, Akloli. With the help of Principal sir, Z.P. School, Akloli and Gram panchayat people conducted this activity online. NSS Unit also provided study material in the form of educational videos for adopted village teachers and students.
- On 22<sup>nd</sup> April 2020, Dr. Mangal Chavan, P.O. attended an online meeting of NSS Unit, Mumbai university where the future plan was discussed regarding COVID – 19 activities.
- As we cannot reach personally in the Society due to social distancing so to create Awareness against COVID 19 our NSS Unit conducted National Quiz competitions “**COVID- 19 Awareness Quiz Competition**” in English and in Marathi languages from 13<sup>th</sup> to 16<sup>th</sup> May 2020. Tremendous responses we received not only from various places of Maharashtra but also from India as Ahmedabad, Allahabad, Bathinda, Bareilly, Chennai, Coimbatore, New Delhi, Dharamshala, Ghaziabad, Hyderabad. Himachal Pradesh, Karnal, Lucknow, Ludhiana, Madurai, etc. Locals from Palghar, Vasai, Wada, Jawhar, Mokhada, Bhiwandi also attempted this quiz and e-certificates were instantly issued to those who satisfied the passing criterion (70%). There were 4031 participants (without repetition) among them 2,711 participated for English Quiz and 1,320 participated for Marathi Quiz.

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