NSS ANNUAL REPORT 2020-21

- NSS Unit continued its work of creating awareness & remained connected with the Society through the various online and local activities during this COVID 19 Pandemics.
- Throughout the year NSS Volunteers prepared more than 1000 masks & distributed the same in their local areas to the underprivileged.
- At personal level volunteers have also distributed hand sanitizers to the poor people and also many among them helped locals in building sanitization.
- On a regular basis volunteers did the feeding of street dogs, cats and birds of their local areas.
- Volunteers staying nearby to the college area regularly did the College cleaning, gardening and also maintained the college compost pit.
- Volunteers have created more than 32 informative videos throughout the year and shared on various Social medias.
- NSS P.O. Dr. Mangal Chavan provided study material in the form of educational videos to the adopted village teachers and students.
- Dr. Mangal Chavan, P.O., NSS Unit attended NSS Planning session 2020-21 organized by NSS Cell, University of Mumbai on July 8th, 2019 and also participated in NSS PO Sensitization workshop on HIV - AIDS & RRC organized by MDAC-BMC & NSS Cell, University of Mumbai.
- **MDACS Activities:** Under the guidance of MDACS, various AIDS awareness online activities and competitions were organized in celebration of International Youth day (September 6, 2020) and National Yuva day (January 12, 2021).
 - On the occasion of "International Youth Day 2020-21" our NSS Unit has organized various intra-collegiate online Poster painting, Mask Designing / Painting, Promotional Video making, Gifs & Memes creation competitions. On September 6, 2020 an online "AIDS Awareness" session was conducted. Mr. Umesh Ghuge, Assistant Director (Youth Affairs), IEC, MDACS, Wadala, Mumbai was the resource person. Total 145 participants attended this session. Session was then followed by the virtual prize distribution ceremony for the various competitions judged by Mr. Umesh Ghuge.
 - On the occasion of "National Yuva / Youth Day 2020-21" our NSS Unit had organized various intra-collegiate online Poster Making, Digital Poster Making, One Minute Promotional Video, Essay Writing competitions based on the theme "Role of Youth in HIV / AIDS Awareness". National Youth Day is celebrated in India on January 12, 2021 every year to honour the ideals of Swami Vivekanand on his birth anniversary. So, we organized an online session of Ms. Mital Kamble, Aspiring Psychologist and Social Work Practitioner on this year's theme "Channelizing Youth Power for Nation Building". Total 123 participants were present for this awareness session which was then followed by the virtual prize distribution ceremony.

- United Way Mumbai (UWM) Activities: This year in collaboration with UWM various activities were conducted on four different topics like Road Safety, Hepatitis B & C awareness, Marine pollution and Mangrove ecosystem.
 - Under Road safety, three awareness sessions were conducted on the topic "Two wheels one life Road Safety" on June 23, 2020; July 7, 2020 and November 12, 2020 for all our 200 volunteers. The Resource Persons for those webinars were Mr. Ram Kamble, Executive-Community Impact, United Way Mumbai and his team. NSS Unit organized various intra-collegiate Road Safety-based competitions and forwarded volunteer's names for inter-collegiate competitions. Unit celebrated Road Safety month starting from January 17, 2021 till January 31, 2021 by conducting various intra-collegiate competitions. Unit also organized a Road Safety Awareness Quiz and Pledge for all age groups during this month. Volunteers enthusiastically participated in all the activities and competitions and also won rank in an intercollegiate competition.
 - On June 24, 2020; June 26, 2020 and November 15, 2020 three awareness sessions were conducted on the topic "Hepatitis B & C" for our volunteers by United Way, Mumbai. Ms. Janet Joseph and Mr. Rakesh, co-ordinator community investment, United Way Mumbai with their team conducted all sessions for all our 200 volunteers.
 - On June 29, 2020 and November 17, 2020 two awareness sessions were conducted on the topic "Marine Pollution" for our 200 NSS volunteers. Ms. Pooja Shinde, Assistant Manager, United Way Mumbai was the Resource Person. Awareness was created among 150 volunteers.
 - On June 30, 2020, an awareness session was conducted on the topic "Mangrove Ecosystem". The Resource Person for the webinar was Ms. Pooja Talekar, Executive, United Way Mumbai. 76 Volunteers Attended this interesting Session.
- In association with Beach Please foundation and UWM our NSS Volunteers participated in 5 Days Weekend Beach Cleaning Drives at Mahim Koliwada and Thane, Nerul Creek on February 28, March 6, March 13, March 21 and March 28, 2021.
- On June 5, 2020 "World Environment Day" was celebrated by organizing an online awareness session on the topic "Man & Environment" in association with the Zoology Dept. Dr. Mangal Chavan conducted the session. During June 5 to June 7, 2020 an Environment Awareness Pledge in Hindi & English languages was organized by NSS Unit and Zoology Dept. 892 participants from all over India took this pledge.
- On the occasion of "International Yoga Day" our NSS unit in association with Shree Nityanand Education Trust and Svaroop Vidya Ashram conducted an online yoga training Program on June 21, 2020, which was live streamed on YouTube. The resource person of the event was Mrs Mohini Rao, yoga trainer from Adivasi padas. While the live streaming the number of participants was around 600 to 900 participants performing yoga with the flow.
- Under the guidance of GGRF our NSS Volunteers participated in a waste management awareness campaign in Navneet colony, Andheri west and wall painting of Andheri station market on January 23, 2020 & March 12, 2021.

- On June 27, 2020 i.e. on the "International day against Drug Abuse & Illicit" an online awareness session was organized and conducted by our P.O., Dr. Mangal Chavan in which 82 Volunteers were sensitized against Drug abuse.
- From July 1, 2020 to July 7, 2020 the whole week was celebrated as "Vanamahotsav Week", Embracing this occasion Tree Plantation Activity was carried out by our volunteers at their residence and around 43 Volunteers Planted 5 sapling each in their home and in their surrounding area. Jay Jadhav planted 350 saplings of the plants like Nimb, Pimpal, Karanj, Baniyan, Umbar etc. with PANNI foundation in Karhati village, Baramati taluka. Mr. Abhishek Gavade planted Cronton species (40 saplings), 45 seedlings of Mammea, Surangi, prepared 6 saplings of Ficus roompi, 15 seeds of Jackfruit. Ms. Riya Pawar planted 60 saplings of the plants like Cashew, Audumber, Mango saplings, Chilli, Orange etc. planted at her native, Chiplun (Kharavte). Mr. Ganesh Harad planted 20 saplings at Akloli village, including various plants like Tulsi, Kadipata, Chilli etc.
- Activity for making "Paper Bags" was assigned to the volunteers on July 12, 2020 each volunteer had to make 5 paper bags. Total 48 Volunteers had completed this activity and Total 245 paper bags were prepared by the volunteers. This activity unit had continued throughout the year and a total 941 paper bags and 288 cloth bags were prepared by Volunteers and also distributed among the locals and nearby shops.
- On the occasion of the 74th Independence Day celebration i.e. on August 15, 2020 NSS unit conducted various activities. Volunteers created videos on the importance of the National Flag and National Anthem. Also, videos were created on patriotic songs. Different patriotic song videos were created by some volunteers and a documentary was made. Unit also conducted Quiz competitions on various Freedom fights and Democratic India. Received 912 participation from throughout India.
- Volunteers celebrated Teacher's Day by Making 2D and 3D Greeting cards. Great responses we received from volunteers with the best messages and innovations. 5 videos were prepared by collaging all those greeting cards.
- On the occasion of Rashtriya Ekta Diwas / National Unity Day i.e. Birth Anniversary of Sardar Vallabhbhai Patel, on October 31, 2020 NSS Unit organized a Rashtriya Ekta pledge and a documentary show on the "Life History of Sardar Vallabh Bhai Patel". 64 Volunteers attended the session.
- Webinar was conducted on "R.T.I. An Effective Tool to Combat Corruption" on the occasion of Vigilance Week on November 2, 2020. The Resource Person of the webinar was Mr. Sameer Velankar Sir. Total 130 volunteers attended this webinar.
- Webinar on "Healthy 2020 Mission" was organised in collaboration with DLLE on November 8, 2020. The speaker was Dr. Sharayu Rajwade and she explained the importance of health in today's time and also gave tips to remain healthy and fit. Around 125 Volunteers attended this informative webinar.

- On the occasion of Deepawali (festival of light) on November 18, 2020, NSS Unit conducted a lantern making competition. Through this competition the 42 volunteers showed their creativity and prepared beautiful and creative lanterns which carried a social message.
- In collaboration with Diya Foundation NSS unit conducted an event of "Tulsi Distribution" on November 26, 2020 in college. Tulsi Plants were distributed to the teaching and non-teaching Staff. A book which had a description about the importance and uses of the Tulsi plant was also donated by Diya.
- On the occasion of Indian Constitution Day on 26th November. The webinar was conducted on "Shield of Democracy" on November 26, 2020. The Resource Person of the webinar was Mr. Sameer Velankar. The webinar included a briefing about our Constitution and its importance for our country. There were around 120 volunteers who attended this Webinar.
- The NSS unit conducted "Fit India Prabhatpheri" Under "Fit India, A Household Movement, A Daily Routine" on December 3, 2020 in and around college premises where first volunteer was shown ppt about fit India initiative and after that volunteers created awareness to the people healthy and fitness. The event was carried with all COVID protocols.
- On the occasion of Minority Right Day on December 18, 2020, an online awareness session was conducted on the topic "Minority Rights! Awareness & Importance". Mr. Sameer Velanakar, L.L.B., (G.D.C.A) was the resource person enlightened on legal provisions in Indian constitution for Minority rights. 96 volunteers attended this session.
- On January 8, 2021 Jag Jivan Ram Hospital (W. Rly) conducted a blood donation camp at Dadar station where 22 volunteers did Volunteering and succeeded in collecting 72 units of blood This event portrayed the hard work and enthusiasm of the volunteers.
- On January 23, 2021, Parakram Divas was celebrated by arranging a Documentary show on "Life history of Netaji Subhash Chandra Bose" at 7 pm onwards which was followed by enlightening speech by Mr. Durgesh Sharma, Gandhi fellow from Piramal foundation. Afterwards our first-year volunteer Mr. Shaurya Singh, COVID Warrior shared his experiences with our 103 volunteers.
- An online workshop on "Disaster preparedness" and "Self-Defence" under the aegis of RUSA was conducted in association with Team Sahyog, YASHE Foundation, Mumbai and Close Combat Academy, Mumbai on January 24, 2021. Resource Persons for the "Disaster preparedness" were Mr Durgesh Sharma Gandhi Fellow (Piramal Foundation) MFR qualified by NDRF 5th battalion Pune (Ex-Avhan); Mr. Yogesh Moraye State Control Room Officer, Disaster Management, Relief & Rehabilitation Department, Govt. of Maharashtra, Mantralaya, Mumbai Social Work Practitioner MFR qualified by NDRF 5th battalion Pune (Ex-Avhan); Mr. Yadnesh Kadam Social Work Practitioner Experience in PRAYAS, TISS Project (Social work in Criminal Justice). MFR qualified by NDRF 5th battalion Pune (Ex-Avhan). Resource Persons for the "Self Defence" were Mr. Saurabh Shinde Trainer, Close Combat Academy and Trust, Diva, MFR qualified by NDRF 5th battalion Pune (Ex-Avhan); Mr. Ankit Shinde-Trainer, Close Combat Academy and Trust, Diva, Project Academy and Trust, Diva, MFR qualified by NDRF 5th battalion Pune (Ex-Avhan); Mr. Ankit Shinde-Trainer, Close Combat Academy and Trust, Diva, MFR qualified by NDRF 5th battalion Pune (Ex-Avhan); Mr. Ankit Shinde-Trainer, Close Combat Academy and Trust, Diva, MFR qualified by NDRF 5th battalion Pune (Ex-Avhan); Mr.

participated in this workshop and gained huge technical knowledge and how to tackle worst situations.

- On January 28, 2021, a webinar was organized on "Swachh Haath, Suraksha Ke Saath" under the Aegis of RUSA. 133 total participants took advantage of this. The Resource persons were Dr. Jayashree Parkar, Incubate at ICAR-CIFE; Mr. Vikas Jha, Senior Analyst, In-Charge Molecular Biology Laboratory, NFB, Mumbai and Mr. Dattatray Sawant, Junior Research Follow, NFB, Mumbai.
- On February 6, 2020, Waste Collection Drive was conducted under a project "Carbon Neutral Mumbai - Mazi Vasundhara" by the NSS Cell, Mumbai university to mark the Birth Anniversary of Late Hon'ble Balasaheb Thackeray. UNDP, MCGM and My Green Society were the copartners. Sixteen volunteers individually collected more than 10 kgs of dry waste and submitted it to their respective nearby wards. Total Waste Collected by 21 volunteers was 221.15 kgs. The waste collected from college weighed 1442.85 kgs. So, the total of waste submitted by the unit weighed 1664 kgs. As such a huge quantity was collected our college was named in the top 5 colleges and achieved the Third position.
- On February 11, 2021, "Making of Hand Sanitizer" workshop was organized to prepare 25 litres of Hand Sanitizer under the guidance of Mr Vikas Jha, Senior Analyst, In-Charge Molecular Biology Laboratory, National Facility for Biopharmaceuticals, Mumbai and Mr Dattatray Sawant, Junior Research Follow, National Facility for Biopharmaceuticals, Mumbai to distribute among our adopted villagers.
- On February 20, 2021, 40 volunteers were taken to the adopted village i.e. at Akloli (Vajreshwari). Various activities were carried out there which included an offline seminar on personal Hygiene for Asha workers of 27 Villages in Primary Health centre, Vajreshwari. Resource person was Dr. Mangal Chavan, P.O., NSS Unit, Assistant Professor Zoology. Sanitisers were Distributed to Asha Workers and other locals which was self-made by the NSS unit. The Akloli health care centre was cleansed by our volunteers, the volunteers did gardening and cleaned the surrounding area as well. volunteers helped to stick informative posters in the health care centre. 1000 kgs compost was donated by Nature care Trash Solutions LLP and Global Green Resonance Foundation to the Adopted Village.
- Ladies special webinar was organized on the topic "Her Health Matters" on March 21, 2021 in association with Women development cell. Dr. Sharayu Rajwade, was a resource person and she created awareness on some women health-related issues among 102 female participants.
- On March 30, 2021, a webinar was organized on "Holistic Approach to Nutrition & Wellness

 A Need of the Hour". Resource person was Dr. Snehal Muchhala, Medical Team Lead with Doctor Reddy's Laboratories. She shared scientific knowledge and also gave healthy tips to the 158 participants.
- On April 4, 2021 unit organized a webinar on "Plastic Waste Management" in collaboration with GGRF to create plastic waste awareness. Mr. Ajay Rajput Secretary, Global Green

Resonance Foundation was the resource person and created awareness among 115 volunteers.

- Event on Plastic Waste Collection was organized in collaboration with GGRF on April 21, 2021 in college. In March volunteers were assigned to collect different plastic bags 1kg of plastic milk bags, 1kg of Multi layered plastics and 1 kg of plastic bottles. There were 92 volunteers who participated and gave their contribution. Some volunteers also exceeded the average quantity and got extra plastic and submitted it.
- Webinar conducted on the 130th Birth Anniversary of Dr. Babasaheb Ambedkar on April 14, 2021. The speaker of the event was Dr. Mangal Chavan. Webinar was conducted on Google meet.
- Our NSS Unit organized a University level webinar on "Vaccine How Does It Works? on April 18, 2021. The resource person was Mr. Vishram Vaidya, Production Manager at Serum Institute of India Pvt. Mr. Sudhir Puranik, Director, NSS Cell, University of Mumbai, Mr. Carthigueane, Regional Director, Maharashtra, and Goa, Youth Affairs and Sports Ministry, Government of India and Mr. Satish Kolte, District Coordinator, NSS Cell, University of Mumbai were the Guest of honours. They also addressed our gathering of around 500 Participants.
- A webinar on "Effects of Food Preservatives and Additives on Health" was conducted on April 20, 2021 by our P.O. Dr Mangal Chavan. 131 volunteers participated in the session.
- To promote Blood and Plasma Donation Digital Poster making, Handmade poster making, and Promotional Video activities were conducted on May 11, 2021. Total 36 promotional videos, 58 digital posters and 61 handmade posters were made by volunteers.
- To promote COVID 19 Vaccination, 34 promotional videos and 65 digital posters, 62 posters were made by volunteers.
- Other Activities were Blood donation at Personal Level, Tree Plantation at Personal Level, Beach Cleaning at Personal Level. Some of the volunteers residing at their villages have prepared compost and Jivamrut and used them in their farm. Also created awareness among locals for organic farming.

Winners of Intercollegiate Competitions

- Ms. Anuja Shinde secured 1st rank in photography competition, (Nature from Home) organized by United Way Mumbai.
- Ms. Shruti Gupta secured 2nd rank in the Rangamanch organized by KB College, Thane.
- Ms. Riya Pawar secured 3rd rank in Patriotic song organized by Valia college.
- Ms. Payal Samanta secured 1st rank in photography, 2nd rank in poster making, 2nd rank in Best out of waste Stop COVID-21 competitions organized by Kriti College. She also secured

2nd rank in Vanamohatsav organized by Ratnam College, 2nd rank in Road Safety Competition organized by S.M. Shetty Powai and 2nd rank Varasa 2021, organized by Lala College.

- Ms. Aishwarya Shetty secured 3rd rank in stop covid-19 competition organized by Kirti College.
- Ms. Shalinder Kaur achieved 1st rank in Utkranti Fest 2021 organized by Wilson College.
- Ms. Nandani Shukla secured 2nd rank in COVID-19 competition organized by SIWS-Wadala; 3rd rank in kavya vachan organized by Shroff College and also secured 2nd rank in poster making - Road Safety competition organized by S.M. Shetty Powai
- Mr. Akash Jaiswal secured 3rd rank in the resonance festival organized by SIWS, Wadala.
- Mr. Himanshu Mishra, Ms. Shruti Gupta, Ms. Reshma Idrisi and Ms. Yashira Kainat Team secured 3rd rank in video making competition - Road Safety 2021 organized by United Way Mumbai.