

NSS MAGAZINE REPORT 2022-23

Two hundred students from 26 different courses registered for NSS program for the academic year 2022-23. Various 257 activities of approximately 900 hours were organized by our college NSS Unit, University and various NGOs and were carried out for the completion of 120 hrs. 108 volunteers have successfully completed their 120 hrs and 54 volunteers have completed their 240 hrs. of Social service of NSS Two years program.

Unit Activities: Under Area based 1 level i.e related to Environment and Road Safety programs 9 different projects, under Area based 2 level i.e. related to Health and Hygiene programs 8 different projects and under College level 6 projects were conducted. Volunteers have actively participated in various events organized by University of Mumbai.

- In collaboration with Connect For our 30 Volunteers on 3rd July 2022 at Aarey Forest, Borivali planted more than 60 saplings of various types. With SDF India 200 plants were planted by 20 volunteers at Karjat on 7th August 2022. Also, more than 50 Volunteers planted more 250 saplings at personal level.
- On regular basis our NSS Volunteers actively participated in 21 Beach clean-up drives organized at Dadar, Mahim and Bandra beaches in association with WWF, Ministry of Earth, My Green Society, Mangroves Foundation, Project Mumbai, United Way Mumbai (UWM), Jay foundation, Beach warriors, etc. In collaboration with UWM and in association with Zoology Dept., NSS unit also organized Shore walk for 32 Volunteers at Carter Road, Chimbai beach on 23rd November 2022 to learn Mumbai's Marine Biodiversity.
- From November to February on regular basis - every Saturday and Sunday, our Volunteers did Shramdaan in the form of Cleaning, Gardening and Road construction activities in Maharashtra Nature Park, Dharavi. 60 Volunteers actively participated in Plants and Flowers exhibition 2023 organized by MNP from 24-26th February 2023. For regular & active participation of NSS Unit, MNP felicitated with a certificate and Memento by the Guest of honour Dr. K. H. Govinda Raj, IAS Additional Commissioner-I & Project Director, MUTP, MMRDA and Shri Vikas Chandra Rastogi, IAS, Principal Secretary, Higher & Technical Education, Government of Maharashtra. Program officer on 26th February 2023.
- More than 100 volunteers participated in Plastic waste collection drives organized by Unit. On a regular basis, volunteers collected and segregated different types of Plastics & submitted in Unit and then submitted that non degradable plastics to recycling units like My Green Society.
- On the occasion of Road Safety Week Traffic Police Department has organised a Programme at NCPA for the same 15 volunteers who took benefit and also 23 volunteers participated in Road safety awareness program at Oval Maidan Near High Court and learned road safety measures and also created road safety awareness in society.
- 5 Days from 31/08/2022 to 04/09/2022, our 70 NSS volunteers helped GSB Seva Mandal & F North Traffic Police in Crowd & Traffic management.
- On 04/06/2022, our 8 NSS Volunteers attended World Environment Day webinar organized by ConnectFor in collaboration with Waste Warriors and Fresh India Organic.
- On the occasion of World Environment Day i.e. on 05/06/2022, our 10 volunteers participated in Sunday Street program and promoted for Save Soil & Tree Plantation. 22 volunteers participated in Beach Cleanup Drive at Dadar.
- In celebration of Shiv Swarajya Din Sohala - 06/06/2022, our 9 volunteers presented Powada in Jambhori Maidan and 5 volunteers attended a webinar on Shivrajyabhishek Din.
- On 07/06/2022 our 19 volunteers participated in Majhi Vasundara Abhiyaan, Worli Fort Clean up drive; 40 volunteers participated in "Best Out of Waste Activity" organized by UWM; 23 participated Panel Discussion Activity on World Ocean Day and 22 participated in World Ocean Day Poster Making.
- On 12/06/2022 in Sunday Street our 16 volunteers presented a Skit on Anti-Child Labour Day at Char Road, Wadala & 20 volunteers participated in Anti-Child Labour Day Poster Making.

- From 13/06/2022 to 19/06/2022 Unit celebrated Yoga Week. Volunteers were assigned with a task of doing 2-3 asanas everyday such as Tadasana, Vrikshasana, Pawanmuktasana and so on. The asanas included 1 standing and 1 sitting asana. While performing the asana, all volunteers clicked their pictures and posted it on Google Classroom as an assignment. Volunteers enthusiastically participated in it; on 15/06/2022 Unit organized a Suryanamaskar Session; 2 volunteers successfully completed Yoga Training Camp (IDY), Fort Campus from 16/06/2022 To 20/06/2022 and on 21/06/2022 Unit organized International Yoga Day Session in the College and Mr. Laxman Zajam, qualified Yoga Teacher was the resource person.
- On 16/06/2022 NSS volunteers participated in Antenna Wala Kasav program held at Sahyadri State Guest House. Honourable minister Shri Aaditya Thackeray graced this event with his presence. A short film on how antennas were fixed on turtles to locate them when they are travelling was made and shown in this event. Our 20 volunteers attended this event. The minister delivered a speech about this film and what approach should be done to protect the environment. This event was hosted by Mrs. Aarti Kulkarni. It was indeed an informative event.
- On 19/06/2022 our 31 and 23 volunteers worked for Pulse Polio Vaccination Drive held at Don Bosco Health Post & Korba Mithagar and vaccinated around 1173 & 1045 children respectively.
- From 20/06/2022 to 24/06/2022 everyday our 20 volunteers worked for Intensified Pulse Polio Immunization Drive with Don Bosco Health Post and vaccinated 595 kids.
- On 25/06/2022, 12/11/2022 & 28/02/2023 three blood donation drives were organized at College level in association with LTMG hospital, Sion Blood Bank sponsored by Lions Club, Byculla and total 371 of blood bags were collected. Also, volunteers participated in 11 Railway Station Blood Donation drives and successfully collected 1,250 blood bags and contributed in the noble cause.
- On 27/06/2022 our 5 volunteers participated World Drug Day Poster Making.
- On 29/06/2022 our 28 volunteers participated in No Honking Day Rally & 9 volunteers participated in No Honking Day Poster Making event.
- On 16/07/2022 in collaboration with Sneh Setu Foundation a Seminar was organized on Sustainable Living. Our 59 volunteers attended the same.
- 30 volunteers attended a Teaching Session on Social Skill Development at GTB Nagar on 23/07/2022 organized by ConnectFor.
- On 28/07/2022, WWF organized a webinar for our volunteers on International Tiger Youth Summit.
- 29/07/2022 & 30/07/2022 NSS Unit in collaboration with Aditya Jyot hospital & Global hospital has organized a Health Checkup Camp for college stakeholders. 453 benefited with the same.
- On 30/07/2022 our 27 volunteers participated in Youth Convention in celebration of 125 years of Ramakrishna mission, Khar (west)
- Under Har Ghar Tiranga Campaign on 02/08/2022 our NSS Unit in association Jannat Media production organized awareness rally and performed Skit.
- One of our NSS volunteers participated in induction program held at R.D. National College, Bandra on 04/08/2022.
- 05/08/2022 to 10/08/2022 NSS Unit in association with Seva Vivek foundation organized Rakhi selling Campaign in support of the Tribal Art.
- On 06/08/2022, our 14 Volunteers participated in Hiroshima Day Peace Rally.
- On 09/08/2022, NSS Unit organized Samuhik Rashtragan for all College students.
- On 09/08/2022, Yuvak Biradari in Collaboration with Government of Maharashtra organized Ek Sur Ek Taal program. 9 volunteers participated in the same.

- In Celebration Rakshabandhan volunteers tied Rakhis to Soldiers, Police and BMC Workers on 11/08/2022
- Workshop on Meditation in Collaboration with Pranic Healing Foundation of South Mumbai was organized by NSS Unit on 12/08/2022. 54 volunteers benefitted with that.
- 70 volunteers participated in Rally on Har Ghar Tiranga on 13/08/2022.
- On 13/08/2022 NSS Unit organized Seminar “Keep yours Healthy # GIFTALIFEAFTERLIFE” on Organ Donation in Collaboration with Global Hospital. Dr. Nilesh Satbhai, Sr. Consultant & Head of Dept. Plastic, Hand and Reconstructive Surgery was the resource person.
- In celebration of Azadi ka Amrit Mahotsav under the campaign of ‘Har Ghar Tiranga’ our NSS Unit has organized a rally on 13/08/2022 and 70 volunteers had participated.
- On 15/08/2022, our 66 volunteers attended Flag Hosting Ceremony at College and 20 volunteers participated in cultural program and showcase the journey of Indian history towards Azadi Ka Amrit Mahotsava.
- In celebration of World Water Week, 8 volunteers prepared short video on 29/08/2022.
- In celebration of Teachers Day i.e. on 05/09/2022, 3D Greeting Card Making, and distribution event was organized, and 8 volunteers participated in the same. NSS unit distributed Roses to all teachers. Bone Density Check-up Camp was organized by NSS Unit in Collaboration with Global Hospital and
- On 07/09/2022 NSS Unit has organized a Seminar on “Clean Coast Safe Sea” in association with My Green Society and 73 volunteers attended the session.
- On 16/09/2022, our 41 volunteers participated Swatantra Prabhat Feri, CSMT Station, organised by Central Railway & GGRF.
- On 18/09/2022 our 35 and 33 volunteers worked for Pulse Polio Vaccination Drive held at Don Bosco Health Post & Korba Mithagar and vaccinated around 1132 & 1318 children respectively.
- From 19/09/2022 to 23/09/2022 everyday our 25 volunteers worked for Intensified Pulse Polio Immunization Drive with Don Bosco Health Post and vaccinated 580 kids.
- 1 volunteer successfully completed Nashmukti Bharat Abhiyaan Master Volunteering Training, Old Costume.
- On the occasion of 53rd NSS day on 24/09/2022, our volunteers visited Primary Health Unit & Adivasi Pada, Nimbavali village, Palghar. Various field activities were carried out throughout the day such as distribution of 150 fruit saplings and 150 books prepared by our volunteers. 500 sanitary pads donated by Peace projects, Maitribodh Parivaar charitable trust, were distributed among the females of the village. 100 Tulsi plants donated by Cheersforever foundation along with Nutritious food donated by Ms Rashmi Joshi, environment consultant. Volunteers also cleaned the Primary health centre.
- On 29th sept, 2022 Unit organized orientation for the academic year 2022-23. Mr Vijay Gawade sir, area co-ordinator and Program Officer of VSIT college graced the orientation with his presence. Vijay Gawade sir addressed our volunteers. Orientation also included singing and Bharatnatyam performance by our very own volunteers. Overview of NSS was covered in the promotional videos prepared by our volunteers and were presented during the orientation.
- On 01/10/2022, our 33 volunteers actively participated in the Nashmukti Rally, Azad Maidan.
- On 02/10/2022, our 12 volunteers worked for Mumbai Monorail's Swachha Bharat Abhiyaan, at Wadala Depot Station with GGRF
- Our 23 volunteers attended Bhajan Sandhya, Musical Event of University of Mumbai held at Gateway of India on 02/10/2022.

- As per last two years this year also Unit organised Diya painting, selling and distribution drive from 12/10/2022 to 15/10/2022. Unit purchased Diyas and volunteers decorated them and sold them in college. With that money we purchased the more Diyas and decorated them and distributed in our adopted village, Akloli and adopted slum area Bhimwadi. This year in promotion of Tribal Art, we sold Bamboo Lanterns of Sneh Vivek Foundation.
- We enlightened our Diwali festival by giving smile to others. We have visited our college adopted village Akloli, Vajreshwari on Saturday, 22nd October 2022 to conduct various social activities for the Welfare of Adivasi Padas in the village. The activities performed under the guidance of Dr. Mahadev Kavle and Mr. Jayesh Patil for the social welfare of the people living in Adivasi padas like Gothanpada, New Gothanpada, Akloli colony etc. Distributed 30 Ration kits to pregnant women for their healthy living during pregnancy and also new sarees donated by Navratri Mandal BDD chawl, Worli. Distributed new sarees for PHC staff. Distributed 200 Hand-painted Diyas painted by our NSS volunteers. Distributed 200 Sanitary pads in PHC, Vajreshwari donated by Navratri Mandal BDD chawl, Worli. Distributed 35 Diwali Faral kits donated by Rashmi foundation. Planted 10 medicinal plants at PHC, Vajreshwari donated by Rashmi foundation Performed cleaning activities at PHC Vajreshwari and Vajreshwari Temple. Distributed various types of clothes in different padas by which more than 300 families were benefitted. Distributed more than 50 toys among the children. The above-mentioned activities were performed under the DaanUtsav Campaign conducted from 01/10/2022 TO 14/10/2022 by our NSS unit in collaboration with Worli Navratri Mahotsav Mandal, BDD Chawl, Worli. Rashmi Joshi Environment consultant and Jay Foundation who provided us with donation of various things and transportation service.
- On the occasion of National Unity Day i.e. 31st October, 2022 our unit visited Shantivan Ashram and leprosy home, Panvel for various activities. Advocate Pramod Thakur sir, Chairman, Shantivan welcomed us. Rashmi foundation, P.O. & some Volunteers at their personal level donated some sports items. All we took Pledge for Unity and conducted Run for Unity. Did Shramdaan in the form of cleaning activity. Visited the Handloom section that is run by leprosy affected people, School, Leprosy hospital, Ashram, Goshala, Vridhashram, Aadhara shram, Naturopathy centre, Leprosy home.
- On 31st October 2022 we celebrated the birth anniversary of Respected Sardar Vallabhbhai Patel ji which is also celebrated as National Unity Day. On the account of the same, our NSS unit collaborated with Mumbai Traffic Police in the Unity Run under their jurisdiction with the participation of traffic police officers. After the run, Unity pledge was taken by our NSS volunteers. UNITY RUN was started at 7am from Veer Savarkar Marg Dadar, Century Bazar and ended at Yes Bank.
- In celebration of "Observance of Vigilance Awareness Week" today i. e. on 4th November 2022, our NSS Unit in Collaboration with CISF - Central Industrial Security Force, Ministry of Home Affairs, Government of India has conducted Intra-collegiate Essay Writing and Poster Making competitions on the topic - Moral values in our College where students showcase their skills and knowledge. Mr. D.S. Mandal and Ms. Bharti Srivastava, Inspectors of CISF, Mumbai Airport and H.S. Kalsi, Principal addressed the gathering.
- On 13/11/2022 NSS Unit in collaboration with Maharashtra Nature Park, Sion Dharavi organized a Trail at MNP for our NSS Volunteers and 51 volunteers enjoyed the trail and learned biodiversity at MNP and also to give respect the Nature.
- On 23/11/2022 our 32 NSS Volunteers and 20 Zoology Students participated in Shore Walk at Chimbai Beach organised by United Way Mumbai. The Members of Naturalist Foundation, Mr. Sachin Rane sir and Team guided us about marine environment and about the various species present in water. And we were surprised to see Mumbai's Marine biodiversity. We learned about their delicacy and also learned to respect them by their conservation.
- On 25/11/2022 NSS Unit in collaboration with Sakshi NGO & RAKSHIN Project organized a webinar on Stop Child Sexual Abuse.
- NSS Unit in association with NCC, DLLE, and Voter's Registration Committee organized a collective Constitution Preamble Reading and a Constitution Awareness Rally today on the occasion of "Constitution Day" 26/11/2022. A total of 135 students participated in both events. The preamble was read in the college quadrangle along with teaching and non-teaching staff. Rally was escorted by Matunga Police and started from our College, continued to Wadala Church, Five Garden, Maheshwari

Udyan and returned to the college. Students raised slogans while marching on the road with Banners and holding Placards in their hands to commemorate the Glorious Historical Day on which the Constituent Assembly adopted the Constitution of Independent India.

- On 01/12/2022 Cleanliness Drive was arranged at Kokri Sugar, Sion Cleanliness Drive and at Five Garden, Wadala
- In celebration of World AIDS Day on 02/12/2022 Awareness rally was organized at Kokri Jaguar, Sion and at Five Gardens, Wadala.
- In celebration of the "Mazi Mumbai, Swachcha Mumbai" campaign NSS Cell, University of Mumbai organized District level (Mumbai City Zone) Poster Making Competition in association with our NSS Unit on 02/12/2022. In short notice also received 13 entries from 5 different colleges and with great imagination and creativity volunteers came forward and Showcased their talent. Posters were Evaluated by Mr. Nikhil Karkhanis, Coordinator (colleges), Mazi Mumbai Swachcha Mumbai, and Dr. Vijay Gawde, Vice-Principal, Commerce and Management, VSIT. Both of the Judges also gave valuable suggestions to the participants.
- On 09/12/2022 Cyber police organized a Street Play on "Cyber Crime & Security" for our students in our college. 50 volunteers attended the same with 30 Non NSS students.
- On 10/12/2022 MAVA Rally was organized by Unit and MAVA. 33 volunteers participated in this rally from our college to Ruia College.
- World Cup Trophy Welcoming Ceremony was organized by our college on 19/12/2022. Our 23 Volunteers attended the program.
- On 26/12/2022 & 27/12/2022 Library Setup Training was given to 12 volunteers by our College Library in support of our adopted village library set up.
- Our 15 volunteers on 11/01/2023 attended Road Safety Week program at NCPA, Nariman Point
- On 15/01/2023 our 29 volunteers participated in Tata Mumbai Marathon which was organized in Collaboration With CHF, Churchgate.
- On 05/02/2023 Unit has organized visit to PHC, Vajreshwari to set up Butterfly and Herbal Gardens.
- On 06/02/2023 Unit has organized a college visit for Turtuk Valley School Children. Unit also organized a Seminar on "Rise Above Plastic" which was conducted by Jay foundation & also arranged workshop on "Seed Ball Making" which was conducted by Rashmi Joshi madam. Our 33 Volunteers participated in the same.
- On 07/02/2023 webinar was organized on the topic Kitchen Gardening for our volunteers and 39 volunteers attended the same.
- On 25/02/2023 Session on Youth Stands for Peace was organized by Gurudev Sri Sri Ravi Shankar Ji, Goregaon branch and for the same 23 Volunteers participated for the same.
- Aagaaz' 2023, an intercollegiate District level fest was organized by our NSS Unit on 04/02/2023. This year's theme was "Aazadi Ka Amrit Mahotsava" In that first Social awareness Session on 'Social Justice' was conducted by Sneha Pandit Dubey. Further with cultural program various competitions were conducted. More than 200 entries received from various colleges of Mumbai City Zone. Total participation was 375 volunteers. Dr. Sushil Shinde sir, OSD; Mrs. Kranti Ukey madam, District coordinator; Dr. Vijay Gawde Sir, Area coordinator; Mr. Anil Gare sir, SBTC representative; Mrs. Rashmi Joshi, Environment Consultant; Dr. Kala sir, Advisory Committee member; Dr. Ratna Sharma, Vice-Principal and Mrs. Anita Pasbola, Vice-Principal addressed the gathering.
- On 08/03/2023 Workshop on Memory Booster workshop was conducted by Dr. Mangal Chavan, our P.O. and 56 Volunteers participated in the same.
- 37 volunteers attended a session on "Effects of Food Preservatives & Additives on Health" conducted by our P.O. Dr. Mangal Chavan on 11/03/2023.

- NSS Special Residential Camp was conducted from 03/01/2023 to 09/01/2023 and 80 volunteers participated in the same. Various social activities were conducted at Primary Health Centre, Vajreshwari Mandir, Various Padas, ZP Secondary & Higher secondary Schools, Water supplying Unit. Cleanliness drives were conducted at Primary Health Centre, Vajreshwari Mandir, Various Padas, Water supplying Unit, Gram Panchayat and residential areas. Building Compost Unit, Wall Painting, Medical Store set up Work, Solar Panel and Pump work was done at PHC, Vajreshwari. Library was Set - Up at Primary & secondary ZP School, Akloli; Experiments & Craft Activity was conducted and also organized Sports day & Prize Distribution for them. Self Defence Workshop was conducted by taking help of United Marshal Art Academy. Performed awareness skits on some social issues in various Adivasi padas. Session and workshop were organized for locals such as "Sanitation & Cleanliness" by Child Help Foundation; "Vyasana Mukti" by Mr. Milind Patil, Nasha Mukta Bharat Abhiyan; Stargazing by Aishwarya Pawar, Astronomy Guide; "Shikshanakade Vala, Andhashraddha Pasun Dur Pala" by Mr. Dattatray Sawant, Sr. Research Fellow, NFB. Various Sessions were arranged for our volunteers such as "Acupressure – The Art of Experienced Practice" by Mrs. Rashmi Joshi, Environment Consultant; "Balancing the Life" by Dr. Mangal Chavan; "Social Justice" by Mrs. Sneha Dubey Pandit, Advocate; "Transform Your Life" by Mr. Salim Virani, Motivational Speaker; "Latest Technology in Computer Science" by Mr. Rohan Parab; Astrology by Dr. Sharad Tripathi; Warli Painting workshop by Mr. Deepak Dhodade; Disaster Management by Avhaan Team, Mr. Yogesh Morye, Pradnya Patade & Sandeep Gupta. Also organized Debate Competition and Recreational Social Cultural Program Talent Hunt - Bhajan, Kirtan, Kavali, Patriotic Songs, Poetry Recitation, Classical Dance. On last day Visit to Shramajeevi Sangathana, Usgaon was arranged & Prize distribution for NSS volunteers was done.