NSS ANNUAL REPORT 2023-24

Two hundred students from 26 different courses registered for the NSS program for the academic year 2022-23. Various 252 activities of approximately 900 hours were organized by our college NSS Unit, University and various NGOs and were carried out for the completion of 120 hrs. 107 volunteers have successfully completed their 120 hrs and 39 volunteers have completed their 240 hrs. of social service of NSS Two years program.

Unit Activities: Under Area based 1 level i.e related to Environment 9 different projects, under Area based 2 level i.e. related to Health and Hygiene programs 9 different projects and under college level 8 projects were conducted. Also, volunteers have actively participated in various events organized by the University of Mumbai.

- On regular basis our NSS Volunteers actively participated in 20 Beach clean-up drives organized at Dadar, Mahim and Bandra beaches in association with Ministry of Forest and Environment, Jay Foundation, Shakti Plastics, GGRF, PPA India, MMRDA, Yuvasena College Kaksha, Auxilium Nisarg Mitra Foundation, Muskurate Raho, Bhamla Foundation, United Way Mumbai, BMC, etc
- On 28th May 2023 our 26 volunteers worked for Pulse Polio Vaccination Drive held at Don Bosco Health Post and vaccinated around 1,028 children. From 29th May 2023 to 1st June 2023 everyday our 25 volunteers worked for Intensified Pulse Polio Immunization Drive with Don Bosco Health Post and vaccinated 539 children.
- Like every year our volunteers on every Saturday carried out Gardening and Composting Activities in the college campus.
- n celebration of International Yoga Day, on 20th June 2023 & 21st June 2023 our NSS Unit in collaboration with NCC Unit and Sports Dept. has organized a 2 days' workshop on "Yoga for Vasudhaiva Kutumbakam". Our resource person Mr. Laxman Zajam sir, taught various asanas and preached to students the true meaning of achieving "Vasudhaiva kutumbakam" which is the theme for this year. A total of 80 NSS volunteers and NCC cadets with 4 teachers took benefits of the same. NSS Unit has also organized a 2nd Yoga training workshop for non-teaching staff on 12th July 2023 & 13th July 2023. Mr. Laxman Zajam sir, Qualified Yoga trainer was the resource person and sir explained details in Ashtanga Yoga and Pranayam with some important Asanas. 20 non-teaching staff and 8 volunteers participated and took benefits of this Yoga workshop.
- On 29th June 2023, 20 volunteers participated in a tree plantation drive held by Rashmi Joshi foundation in Akloli village and PHC Vajreshwari, distributing 200 plants and improving the environment through planting.
- On 3rd July 2023, 3rd October 2023 & 11th January 2024 three blood donation drives were organized in the College in association with LTMG hospital, Sion Blood Bank sponsored by Lions Club, Byculla and a total of 340 blood bags were collected. Also, volunteers participated in 08 Railway Station Blood Donation drives and successfully collected 985 blood bags and contributed to the Noble cause. Our volunteers also paid a visit to Lokmanya Tilak Municipal General Hospital, Sion with aim to gauge the intensity of blood requirements and motivate more people to donate blood
- 07th July 2023 NSS Unit in collaboration with Forever Living International has organized a Health Checkup Camp for non-teaching staff. 40 benefited from the same.
- On 2nd August 2023 the Skill Development, Employment and Innovation Department of Mantralaya successfully conducted a Skill Demand Survey in our college with the help of our 22 volunteers. A total of 2,619 students from Senior and Junior colleges have registered themselves on the Govt. portal for various training courses & on 17th August 2023 our 16 volunteers helped in the smooth conduction of the FYJC orientation program.
- On 04th August 2023 our 3 NSS volunteers participated in one day offline District level "Peer Educator Training Workshop on RRC" organized by MDACS & on 9th August 2023 our NSS volunteers took the "Panchpran" pledge.
- 09th to 30th August 2023 NSS Unit in association with Seva Vivek foundation organized Rakhi

- selling Campaign in support of Tribal Art. Volunteers also tied Rakhis to Soldiers, Police and BMC Workers on 30th August 2023.
- In celebration of International Youth Day and International Tribal Day, on 12th August 2023, our NSS Unit conducted a Tree plantation drive and Ration Kit distribution drive at our adopted village, Akloli to support the tribal community. Volunteers have planted 75 saplings of local fruiting plants in Pendhripada area and participated in "Meri Maati, Mera Desh campaign". Under the sponsorship of Robin Hood Army NGO distributed 32 educational kits having long books, and a geometric kit at Primary Z.P. School at Akloli. With Robins, volunteers distributed Ration kits sponsored by them in Akloli village adivasi padas 59 kits in Pendri pada, 20 kits in Ravte pada and 61 kits in hembade pada. 140 underprivileged families benefited.
- On 20th August 2023 NSS unit participated in Mega tree plantation drive organized by Gaytri Parivar at Titwala. A total of 55 Saplings were planted by volunteers and helped in planting more than 500 plants.
- On 2nd September 2023 Unit organized orientation for the academic year 2023-24. Mr Vijay Gawade sir, NSS area coordinator of Mumbai city and Vice-Principal of VSIT college graced the orientation with his presence and addressed our volunteers.
- On 4th September 2023, our 53 volunteers participated in the Eye donation awareness rally organized by Aditya Jyot Eye hospital. On the same day our 91 volunteers attended the screening of "Maa Ka Doodh" organized by our NSS unit in collaboration with Animal climate and Health Save Foundation.
- In September 2023, our unit organized various activities such as Greeting Card Making, cloth
 & paper bags making activity
- On 10th September 2023 MDACS organized a Red Run Marathon for Youth at MDACS, Wadala, for this our 20 volunteers volunteered in the marathon.
- Dr. Mangal Chavan & Dr. Sandipan Nalawade attended planning session 2023-24 of Mumbai City zone at Lala Lajpat Rai College on 12th September 2023.
- From 19th to 23rd September 2023, everyday 15 Volunteers participated in the crowd control at GSB with Ganpati Seva Mandal. On 20th, 23rd, 25th and 28th September 2023 everyday 15 volunteers participated in a traffic control at Dadar TT with Mumbai traffic police.
- On 27th September 2023, our 75 volunteers attended the Sukhee movie screening organized by Management of G.N. Khalsa College.
- Other than Beach clean, our NSS Unit participated in various clean-up drives organized by various organizations such as Matunga Railway Station, Wadala F/North BMC, Sion Police Station, etc during Swachhta Pakhwada. Some of the clean-up drives were conducted in the college premises as well. A total of 10 clean-up drives were conducted throughout the year 2023-24.
- On 4th October 2023 our 79 volunteers attended a training session for the Choomachar Campaign. From 5th October to 6th November 2023 our 21 NSS volunteers along with the MCGM conducted a door-to-door campaign to survey the effectiveness of the Choomachar (Mosquito) Campaign. On 2nd February 2024, a 2nd post session was organized, and 30 volunteers attended the same.
- On 10th October 2023 our 70 volunteers attended the webinar on "Marine Pollution" organized by United Way Mumbai & 66 volunteers engaged in a fruitful tree plantation drive at their own houses at the personal level on 13th October,2023.
- On 15th October 2023, our 66 volunteers took an online training on Organ Donation organized by V4ORGANS Foundation & on completion of the course were awarded with a certificate.
- On 16th October 2023 our NSS Unit organized Ropvatika Campaign in our college premises under the "Meri Mati Mera Desh Campaign" and planted a total of 75 saplings.
- More than 40 volunteers participated in Plastic waste collection drives organized by our unit on 20th October & 26th February 2024. The volunteers collected and segregated different types of Plastics & submitted it to the unit & then submitted that non degradable plastics to recycling

- units like My Green Society.
- With the help of our Office Superintendent, Mr. Rajendra Hindulkar NSS Unit in collaboration with Prashant Seva Mandal conducted a Daan Utsav drive from 20th to 25th October 2023 at Navratri Mandal at Naigaon, Dadar. On 9th November 2023 a unit conducted a charitable drive in the adopted village of Akloli and nearby areas. 20 volunteers helped in distribution of ration kits, clothes, and hand-painted diyas to the Adivasi pada and Primary Healthcare Center (PHC) in Vajreshwari, with support from Jay Foundation and its Chief Director, Mr. Jayesh Shrungarpure. Afterward, teams cleaned the Vajreshwari temple and PHC.
- Unit organized Diya painting, selling and distribution drive from 23rd October to 11th November 2023. Unit purchased Diyas and volunteers decorated them and sold them in college. With that money we purchased more Diyas and decorated them and distributed them in our adopted village, Akloli and adopted slum area Bhimwadi.
- On 27th October 2023 our 7 Volunteers provided help at the "Aaple Prashna Aaple Vigyan" session organized by the department of higher and technical education at our college Seminar Hall.
- On 8th November 2023, our 10 volunteers participated in a street play competition organized by RRC at Lala college on the topic AIDS awareness.
- In celebration of Diwali festival on 9th November 2023, our 4 volunteers participated in Diya lighting event with Mumbai police at Matunga and Sion Police Station.
- Under Swachh Bharat Abhiyan Campaign and prior to Diwali festival our 21 volunteers cleaned our adopted area Bhimwadi, Wadala on 11th November 2023 and also 9 volunteers distributed the hand-painted Diyas in Bhimwadi and Matunga Police Station
- Our 14 volunteers participated in the flashmob organized by MDACS from 22nd November to 2nd December 2023 performed at Borivali, CSMT and Dadar station to raise awareness about HIV/AIDS and MDACS.
- On 27th November 2023, NSS Unit organized the session on "Initiatives for Career Guidance and Upskilling" 67 volunteers took the benefit of the same and the session was concluded with the preamble recitation on the occasion of Constitution Day.
- In celebration of Constitution Day, i.e., on 1st December 2023 our NSS unit in association with the non-teaching staff & college management organized a preamble reading program Prof. (Dr.) Avinash Kolhe addressed the gathering & our 52 volunteers participated in it. On the same day our 39 volunteers participated in the AIDS awareness rally organized by the NSS unit in the college premises & surrounding area of the college.
- On 5th December 2023, our 6 volunteers participated in the AIDS Awareness Competition organized by RRC at KC College.
- On the occasion of Mahaparinirvan Diwas i.e., on 06th December 2023, our 16 volunteers carried out crowd control at Dadar Railway station..
- From 20th December 2023 to 26th January 2024, our 12 volunteers volunteered for Singing Auditions during the Nazrana-College Fest.
- On 20th December 2023 in Collaboration with the E-Waste Management Committee our NSS Unit organized a session on "How to Use Solar Energy" and our 28 volunteers attended the same.
- On 21st December 2023, our 61 volunteers attended the MDACS Regional Level Quiz Competition..
- On 29th December 2023, our 56 volunteers volunteered during Kirtan Darbar organized by the G.N. Khalsa College (Autonomous), Matunga-19
- On 30th December 2023, our Unit organized post Kirtan Darban drive i.e. Plastic Waste Segregation and Composting in the college premises. Our 15 NSS volunteers helped for the same.
- On 31st December 2023 our 46 volunteers participated in Nature Trail at Maharashtra Nature

Park organized by our NSS Unit.

- From January to March on regular basis every Saturday and Sunday, our Volunteers did Shramdaan in the form of Cleaning, Gardening and Road construction activities in Maharashtra Nature Park, Dharavi. 60 Volunteers actively participated in Plants and Flowers exhibition 2023 organized by MNP from 16-18th February 2024. For regular & active participation of NSS Unit, MNP felicitated our unit with a certificate and Memento by the Guest of honor IAS Radhabinod Aribam Sharma, Joint Municipal Commissioner, MMRDA on 18th February 2024.
- On 6th January 2024 our 54 volunteers attended the Workshop on Art of Living Happiness organized by our NSS unit.
- On 13th January 2024 our 8 volunteers volunteered for the Credit Course of BCOM, in our college and 8 volunteers attended the Awareness Session on Superstitions organized by the Women Development Cell in our college.
- From 16th to 18th January 2024 our 7 volunteers helped the Green Audit committee in collecting electronic waste from various departments of the college. They also helped in keeping records of those submissions and segregation.
- On 21st January 2024, our 32 volunteers attended the Tata Marathon Cheering team from the side of the Child Help Foundation.
- On 25th January 2024, our 15 volunteers provided Seva during the Langar Program organized in our college during Nazrana festival.
- On 26th January 2024, our 11 volunteers attended the Conference on Cyber Security and Digital Forensics organized by Cyber Secured India.
- On 27th January 2024, our 13 volunteers volunteered for the college annual fest Nazrana for the proper & smooth conduction of the event.
- On 9th February 2024, our 10 NSS volunteers volunteered in the MDACS Intra-Collegiate Competition at G.N. Khalsa College for proper organization of the event. Same day N.S.S. Unit organized a Seminar on "Global Scenario of HIV/AIDS" by our resource person Mr. Umesh Ghughe Sir which was attended by our 40 volunteers.
- On 10th February 2024 our 10 NSS volunteers presented a street play to spread the awareness of HIV/AIDS among the local population of our adopted area- Bhimwadi, Wadala.
- On 11th February 2024, Dr. Mangal Chavan & Dr. Sandipan Nalawade participated in the workshop on "Entrepreneurship & Rural Development Conclave 2024"
- On 18th February 2024, our 4 NSS volunteers participated in Wall Painting at Sonapur School.
 The same day our NSS Unit celebrated Chatrapati Shivaji Maharaj Jayanti at our adopted area
 Bhimwadi and sang Powada on the occasion of Jayanti with active participation of our 70
 volunteers.
- On 19th February 2024, our 69 NSS volunteers attended a psychological test which was taken by our P.O., Dr. Mangal Chavan madam.
- Our 28 NSS Volunteers have participated in WASH surveys organized by Auxilium Nisarg Mitra, the environmental initiative of Auxilium skills Academy. In which, 7 different areas like Bharni Naka, Kaula Bundar, Indira Nagar, JB Marg, Barkat Ali, Cheeta camp and GTB Nagar have been allotted to 7 different groups according to their convenience. These groups of volunteers surveyed 200 homes in the area and filled in the online survey forms between 20/02/24 to 24/02/24. Also, every group collected the water sample from the allotted area in a distilled water bottle of 2 liters and handed it out to the WASH survey Organizer.
- On 20th to 22nd February 2024 & 26th to 29th February 2024, 22 volunteers participated in a session titled "Coastal Ecosystem" as part of the NSS credit course volunteering initiative.
- On 21st February 2024, our 25 volunteers attended the workshop on Paper Art organized by our NSS unit under the guidance of our resource person Mr. Arjun Barot.
- On 24th February 2024, under the Deep Cleaning Campaign which is an initiative by our Chief Minister of Maharashtra our volunteers participated in the Deep Cleaning Drive at

Kumbharwada, Dharavi followed with a street play on "Cleanliness" performed by our 6 volunteers. On the same day our 17 NSS volunteers participated in the Voting Rights Awareness Walk at Marine Drive. This walk was organized by NSS Mumbai, Mark Your Presence, the Mumbai Commissioner's Office, and the Chief Electoral Officer of Maharashtra. Also, one of our NSS volunteers participated in Y Talks organized by the Akshara Project.

- On 25th February 2024, our NSS Unit organized a visit to our adopted village, Akloli for constructive work, 16 volunteers along with both the P.Os. dug 6 Soak Pits for 6 Different families in the Village.
- On 9th March 2024, our 36 volunteers volunteered during the Khalsa Supreme League organized by G.N. Khalsa College (Autonomous), Matunga-19
- On 10th March 2024, our 13 volunteers actively participated in "One Matunga" Festival organized by Matunga Forum.
- On 11th March 2024, our unit arranged the Inauguration of New Composting Project in association with Rashmi Joshi Foundation. Along with our 16 volunteers, a new composting pit was inaugurated.
- On 12th March 2024, our 17 volunteers attended the session on "Environment" by Child Help Foundation which concluded with the distribution of Tata Marathon Certificates to the concerned volunteers.
- From 11th to 13th March 2024, our 7 volunteers practiced a skit on "Cleanliness" and the performed the same in our adopted area Bhimwadi, Wadala to spread awareness about the importance of cleanliness.
- On 15th March 2024, our P.O. Dr. Mangal Chavan delivered a talk on "Mental Health". 55 volunteers took the benefit of this session.
- On 29th March 2024, during Akloli visit our 5 Volunteers with some NSS Ex-volunteers carried out Gardening and plantation of 50 saplings in PHC, Vajreshwari.
- The Electoral Literacy Programme (ELP) was organized by NSS with DLLE to enhance students' understanding of the electoral process and their role as responsible citizens in a democracy on 6th April 2024. Dr. Sameer Velankar was the resource person, and our 26 volunteers took the benefit.
- On 12th April 2024 our NSS Unit celebrated "संयुक्त जयंती" along with Management, Teaching & Non-teaching staff of GNKC. Ms. Aparna Padgaonkar addressed the gathering, and their expertise enriched the celebration, promoting understanding and cooperation among attendees. The event was insightful, fostering cultural exchange and unity and our 16 volunteers took benefits.
- On 1st May 2024 our NSS Unit actively joined the Maharashtra Day celebration hosted by the college's NCC Unit. After the celebration our 17 volunteers did a college clean up drive.
- On 2nd May 2024 our NSS unit participated in Churchgate Railway station Blood Donation Drive.
 Our 7 volunteers with 1 Ex-NSS and P.O. Under the guidance of Mr. Anil Gare sir worked hard throughout the day and managed to convince 78 people for blood donation, out of which 15 deferral cases were noted and 63 blood bags were successfully collected.
- 15th to 17th May 2024, our 4 NSS volunteers created digital posters at home to raise awareness about voting. They crafted engaging posters and shared them widely on social media. Campaign aimed to educate citizens, encourage participation, and empower voters.
- From 16th to 18th May 2024, our volunteers set a skit to create voting awareness in society and on 18th May, our volunteers performed a skit at Bhimwadi slum, Wadala, Sarvodaya Nagar slum, and at Five Garden in association with Voter's Registration Committee & 180- Wadala Assembly Constituency. The Skit was prepared under the guidance of Dr. Mangal Chavan Program Officer, GNKC & Ex-NSS Volunteers Ms. Divya Sarmalkar & Ms. Awanti Panhale which effectively engaged and educated the community on the importance of voting.
- On the demand of Wadala Constituency 180, our 28 NSS volunteers worked in 5 different Zones

for 10 different polling sites. They have done following duties: Crowd Management; Assistance to police officers to maintain the crew; Helping senior citizens to drop them in the Booth; Assisting them in riding through wheelchairs on the ramp till the polling booth; information and guidance; Prior to the election day infrastructure available help in providing as per the real time requirements (Filed requirements). For example: Arrangement of Fans, water set up, provide benches and chairs etc.; Handling the Gates along with the Police officers.

- Plastic waste which was segregated by our volunteers on 22nd May 2024 was sent for further recycling on 24th May 2024 in association with Rashmi Foundation. Our 5 NSS volunteers helped in collecting the plastics and then loading the same in truck to send it to further recycling.
- The Chimbai Beach Shore Walk was organized by United Way Mumbai on 25th May 2024, where Our 22 NSS volunteers showed enthusiastic participation in the event. The event aimed to raise awareness about marine life and pollution. During the walk, participants observed various marine species such as limpets, colorful sponges, crabs, oysters, little egret, etc. along the shore.
- 28th May 2024 our 23 NSS volunteers visited the Swatantra Veer Vinayak Damodar Savarkar Smarak and watched the laser show. The visit enriched their knowledge of Savarkar's legacy, providing an engaging and educational experience through the memorial and visual presentation.
- 31st May 2024, video editing session was organized for our volunteers.
- Our NSS Unit organized a tree plantation event at our college campus on the occasion of World Environment Day i.e. on 5th June. 20 Volunteers actively participated in planting 50 tree saplings, promoting environmental awareness and contributing to a greener campus. This initiative reflects our commitment to sustainability and environmental conservation. On the same day Unit organized a Seed Ball Making Workshop. Mrs. Rashmi Joshi Madam taught us about the required composition of soil & the technique to make the seed balls. Our 30 volunteers took training under her able guidance and created 452 seed balls of Jackfruit, Tamarind & Sunflower seeds.
- On 10th June 2024, NSS volunteers embarked on a heartwarming Chabeel Seva initiative, where they not only served refreshing drinks to combat the summer heat but also distributed Chole Gulche, a traditional and savory snack. Through their selfless actions, they not only provided physical relief but also fostered community spirit and goodwill, embodying the essence of compassion and unity.
- Our NSS volunteers also attend various activities which are carried out at University Level. They are-Foundation Day, Yoga Training Camp, Hiroshima Peace Rally, Youth Manifesto, Mananiya Laxmanrao Memorial Lecture, Nasha Mukt Bharat Rally, Bhajan Sandhya, Disaster Management Workshop, Community Connect Challenge (CCC), Eat Right Millet Mela by FSSAI, Amrit Kalash Rally & Consummation Ceremony, Mera Mati Mera Desh at Kartavya Path, Lecture on Chatrapati Shivaji Maharaj, Award Certificate Ceremony, International Meatless Day at K.C. College, Bal Snehi Award Ceremony ,Conference on "The Problem of Rupee: Its origin and solutions',Session on "Towards Naya Bharat", Avishkar Prize Ceremony, Green Walk, MAVA Rally, Online conference on Viksit Bharat, Sane Guruji 124 Abhiyaan Prarambh,Convocation Ceremony of Deputy CM of Maharashtra, Deep Cleaning Opening Ceremony, Sports Day at Chacha Nehru Bal Mahotsav,National Youth Day Session, Peace Walk at Mahalaxmi Racecourse,MSSI Rally, Convocation Ceremony, Deep cleaning rally, Session on "Jodi Darachi Viveki Nivad", Seminar on "Leveraging Youth to Strengthen Us", Marathi Bhasha Gaurav Divas, Notebook Making,International Women's Day District Level Celebration, Bhoomi Poojan Ceremony